

*Hello HS Spring Athletic Parents/Guardians,*

**Spring Sports begin: 3/11/24 (Girls Golf/Boys Tennis Begin 3/18/24)**

**Spring Sports include: Boys & Girls Lacrosse, Boys & Girls Track & Field, Boys Tennis, Girls Golf, Boys Baseball, Girls Softball**

**Athletic Registration for spring sports opens on: 2/11/24**

1. If your child participated on a Fall or winter sport, you already have a Final Forms account.
  - a. Parent/Guardians log in and add your athlete's choice for a spring sport
  - b. **Parent/Guardians must complete and sign all medical forms (again)**
  - c. Then the athlete must sign off on the concussion acknowledgement email that they will get from Final Forms
  
2. **If you have not created a Final Forms account for your child, the time is now if you want them to be cleared for the start of the spring athletic season. To Create your account:**
  - a. Go to [finalsforms.com](https://finalsforms.com)
  - b. Click Final forms login on the upper right-hand side
  - c. Type in Rockville Centre as the District
  - d. Sign in to "Parent log-in"
  - e. Go to "never logged in" ...which will send you a secure link
  - f. Create your new account, add your birthdate
  - g. A page will come up with "My Students" which has a little box next to it
  - h. Click on your child and complete/upload all medical forms.
  - i. Add your athlete's choice of sport for spring

**CONCUSSION ACKNOWLEDGEMENT IN FINAL FORMS:** In regard to the concussion acknowledgement part of Final Forms...**all parent/guardians and athletes** will need to electronically sign off on this document acknowledging that they understand the signs and symptoms of a concussion. This differs from baseline concussion testing for contact sport athletes. Once a parent/guardian electronically signs this document, then the athlete will receive an email with instructions on how to sign off. **The athlete will not be cleared without their electronic signature.** If your athlete does not receive the email, have them look in their spam folder, then click that it is not spam, then go to the inbox and click the link to the document and sign off.

**IMPACT BASELINE CONCUSSION TESTING:** All spring sports with the exception of Boys and Girls Track & Field, Boys tennis and Girls golf require a valid concussion test. Concussion tests are valid for 2 years and your athlete's most recent concussion test date has been entered in Final Forms. **For athletes in need of a concussion test, they will take place on 3/5, 3/6, 3/7 from 2:30 - 4PM in room 2319.**

**PHYSICAL EXAMS:** An updated physical exam must be on file in the health office from your private pediatrician. Any physical performed from March 2023 to the present time will be valid. Please enter them onto the Final Form platform.

**IN-PERSON PHYSICALS:** Physicals will take place at the High School on 3/6/24 from 2:30 – 4:00PM. If coming in person for a physical, all medical forms **ON FINAL FORMS MUST** be filled out prior to the physical. This aids the pediatrician in performing the physical exam. The pediatrician will not perform an exam without the questions being completed and the forms signed by a parent/guardian and the athlete. You will know if your athlete needs a physical by checking their physical icon in Final Forms. If you are still unsure, call the health office (516-255-8955) and we will help you.

**Once you fully complete all medical forms the health office can then clear your athlete.**

**TEAM GOOGLE CLASSROOM SIGN UP:** Additionally, please have your spring athlete sign into their spring Sport Google Classroom (codes below) for the team they would like to participate on.

BASEBALL V: pptwgn6

BASEBALL JV: 5tx5mv6

SOFTBALL: fcd7smc

BOYS TENNIS: 6p2cgop

BOYS T & F: zifftgt

GIRLS T & F: go3i53v

BOYS LACROSSE V: tfgsppe

BOYS LACROSSE JV: rnoqpwi

GIRLS LACROSSE V: nx2ctxe

GIRLS LACROSSE JV: atmgaft

GIRLS GOLF: 4snyikp